

Table 1: Harmony Guidelines, 2003

	Royal Navy	Army	Royal Air Force
Individual Separated Service	In any 36 month period, no one to exceed 660 days.	In any 30 month period, no one to exceed 415 days.	In a 12 month period, not more than 2.5% of personnel to exceed 140 days.
Unit tour intervals	Fleet Units to spend maximum of 60% deployed in 36 months.	24 month average interval between Unit tours.	16 month average interval between Unit tours.